



Youth Brain Health First Aid Training

Youth Brain Health First Aid (YBHFA) is a course in which you will be certified to recognize potential signs and symptoms of youth in a brain health crisis- like panic attacks, self-harm and suicidal ideation- and ways to appropriately respond.

Thursday, November 30, 8am-5pm

The course is open to students (15 years and up), parents, teachers, school staff, family, friends, health care providers, law enforcement, and anybody interested. Participants will be certified in Youth Brain Health First Aid by Mental Health First Aid USA.

Instructors: Stephanie Cinque, MSW, Jennifer Sokira, MMT, LCAT, MT-BC and Jeremy Richman, PhD

Course Fee: \$50, inclusive of course manual and lunch

Cash or Checks to "The Avielle Foundation" due at the beginning of the course.

Location: Holy Innocents Faith Formation Center, St. Rose Parish, 38 Church Hill Rd, Newtown, CT.

**Reserve your spot here:
tiny.cc/SRYBHFA**